

# AUSTRALIAN KINESIOLOGY ASSOCIATION PRACTITIONER REGISTRATION BOARD



## Application for Kinesiology Practitioner Registration

Please ensure each appropriate section of this form is completed. *(Please tick)*

	Page	
<input type="checkbox"/> Personal details	1	
<input type="checkbox"/> Practitioner application level	1	
<input type="checkbox"/> Kinesiology courses undertaken (Category A, B & C)	2 (RKP) 3 – 5 (RSKP, RAKP)	
<input type="checkbox"/> Anatomy & Physiology	6	
<input type="checkbox"/> Nutritional studies (Level 2 & 3 only)	6	
<input type="checkbox"/> Communication skills (Level 2 & 3 only)	6	
<input type="checkbox"/> Business management (Level 2 & 3 only)	6	
<input type="checkbox"/> First Aid accredited	6	
<input type="checkbox"/> Course repeats	7	
<input type="checkbox"/> Signed membership declaration	7	
<input type="checkbox"/> Copies of course certificates, attendance & proficiency, academic transcripts & qualifications Attached	No of additional pages attached:	
<input type="checkbox"/> I have attached a non-refundable application fee (new application or upgrade)		

### Personal Details

Date of application: .....

Name: .....

Birth date: ...../...../.....

Postal address: .....

..... State: ..... Pcode: .....

Telephone: B/H (.....)..... Telephone: A/H: .....

Mobile: ..... Fax: .....

E-mail: .....

### Practitioner application level

NB Please ensure that all hours claimed are accompanied by an attached photocopy of each course certificate, attendance / proficiency, or academic transcripts including the hours of study. Please tick Practitioner level being applied for:

<i>Registered Kinesiology Practitioner</i> (250 kinesiology hours must include at least 100 hours CAT A, 75 hours CAT B, the balance of 75 hours can be of any category inc. up to 50 hours of course repeats). Provide First Aid/HLTAID003 First Aid Certificate.	250 kinesiology hours + 50 non-kinesiology hours (A&P) OR Certificate IV in Kinesiology	RKP (Level 1)	
<i>Registered Specialized Kinesiology Practitioner</i> (500 kinesiology hours must include at least 100hrs CAT A, 200hrs CAT B, balance of 200 hours can be of any category inc. up to 100 hours of course repeats). Provide First Aid/HLTAID003 First Aid Certificate.	500 kinesiology hours + 220 non-kinesiology hours (100hrs A&P, 40hrs each of nutrition, communication, business) OR Diploma of Kinesiology	RSKP (Level 2)	
<i>Registered Advanced Kinesiology Practitioner</i> (see enclosed application form for further details)	1000 kinesiology hours + 390 non-kinesiology hours.	RAKP (Level 3)	

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## Registered Kinesiology Practitioner – Registered Kinesiology Practitioner (formerly Level One)

Complete this page for level One registration. Additional pages attached? Y/N  
Ensure pages 1, 2, 6 & 7 are completed for all level One applications.

### Kinesiology courses undertaken (repeat courses to be listed on last page)

#### List all Category A Courses completed here

**Level 1: 100 hours minimum. Please provide documentation of demonstrated proficiency.**

Course name	Instructor	Location	Month/Year	Proficiency Assessed	Hours	Office Use only
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

Total of Category A Kinesiology training hours, **100 hours minimum** \_\_\_\_\_

#### List all Category B Courses completed here

**Level 1: 75 hours minimum. NB 75 hours minimum is required in accredited streams beyond the 100 hours claimed above of Category A courses. Please provide documentation of demonstrated proficiency.**

Course name	Instructor	Location	Month/Year	Proficiency Assessed	Hours	Office Use only
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

Total of Category B Kinesiology training hours, **75 hours minimum** \_\_\_\_\_

#### List all Category C Courses completed here

**Level 1: Please provide documentation of demonstrated proficiency.**

Course name	Instructor	Location	Month/Year	Proficiency Assessed	Hours	Office Use only
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

Total of Category C Kinesiology training hours \_\_\_\_\_

Overall total of first time kinesiology course hours, all Category A, B and C \_\_\_\_\_

Please ensure pages 1, 2, 6 & 7 are completed for level One applications.







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## Registered Kinesiology Practitioner (First Aid + A&P required only) - Registered Specialised Kinesiology Practitioner & Registered Advanced Kinesiology Practitioner (all items)

NB: All Non-kinesiology courses must be approved by the AKACAB or Australian National Training Authority (ANTA). Please attach copies of academic transcripts for all courses undertaken or completed, including evidence of hours attained in each course or applicable subject. - \* Please contact the AKA office if you have difficulty accessing this documentation.

### Non-Kinesiology courses undertaken

#### Anatomy & Physiology

**Attainment Standard:** *RKP: 50 hours* *RSKP: 100 hours* *RAKP 150 hours*

Institution name	Course name	Location	Year	Hours	Office Use only
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	

Total hours: \_\_\_\_\_

#### Nutritional Studies

**Attainment Standard:** *RSKP: 40 hours* *RAKP: 100 hours*

Institution name	Course name	Location	Year	Hours	Office Use only
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	

Total hours: \_\_\_\_\_

#### Communication Studies

**Attainment Standard:** *RSKP: 40 hours* *RAKP: 100 hours*

Institution name	Course name	Location	Year	Hours	Office Use only
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	

Total hours: \_\_\_\_\_

#### Business Management

**Attainment Standard:** *RSKP: 40 hours* *RAKP: 40 hours*

Institution name	Course name	Location	Year	Hours	Office Use only
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	

Total hours: \_\_\_\_\_

### First Aid – Provide First Aid HLTAID003 (required for all levels)

Institution name	Course name	Location	Expiry date	Cert. No.	Office Use only
_____	_____	_____	_____	_____	

Total hours: \_\_\_\_\_

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## **Optional Kinesiology course repeats**

**Kinesiology courses undertaken (repeat courses to be listed on this page only)**

### **Optional Course repeats**

NB: Course repeats may only be claimed once and can not be claimed towards proficiency assessment hours.

**RKP: not exceeding 50 hours**

**RSKP: not exceeding 100 hours**

**RAKP: not exceeding 200 hours**

<i>Course name</i>	<i>Instructor</i>	<i>Location</i>	<i>Month/Year</i>	<i>Hours</i>	<i>Office Use only</i>
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	

Total of repeat hours, \_\_\_\_\_

Overall total of hours being claimed:

All levels      Total number of proficiency assessed Kinesiology hours  
(Add all proficiency assessed Kinesiology hours from previous pages) \_\_\_\_\_

Sufficient number of non-Kinesiology hours  
(Total number from page 6 & 7) \_\_\_\_\_

Overall total of Kinesiology hours claimed:  
Total of Kinesiology hours (including repeats)  
Minimum to be claimed within this application \_\_\_\_\_  
250 hours level 1, 500 hours level 2, 1000 hours level 3

**Please ensure that all items on page 1 are checked and supplied**

**Please read the following carefully and sign below:**

I understand and agree to abide by the Australian Kinesiology Association Practitioner Code of Practice & Ethics. I understand I must be or become a Full Member of the Australian Kinesiology Association, and my membership must be current to remain registered. I understand all information I submit shall be kept confidential. I hereby certify that all the information submitted in this application be true and correct.

Signature: .....

Date: .....

**Please note an incomplete application will delay processing of your registration.**

# AUSTRALIAN KINESIOLOGY ASSOCIATION PRACTITIONER REGISTRATION BOARD



Dear applicant,

The AKAPRB can only process applications received on the current new application form available from the AKA Office. Ring on 1300 780 381 and leave your name and address (spell it all out), fax the information to 1300 780 361, or e-mail to [enquiries@aka.asn.au](mailto:enquiries@aka.asn.au) requesting a practitioner application form to be sent to you, or visit our website [www.aka.asn.au](http://www.aka.asn.au). When completed, please mail your application to the AKAPRB, PO Box 233 Kerrimuir, VIC 3129.

The AKACAB's list of currently accredited courses may be downloaded via the website. (Please visit AKA homepage and click on "accredited course list"). These courses are compliant with the new requirements and offer assessments for all of their courses. The list also includes the number of hours and the category of each course. Please use this list to verify your hours before submitting your application. If you have completed a course which is not listed on the current AKA accredited course list, please email the office to verify if the course was accredited with the AKA at the time of completion. Please only include courses in your PRB applications if they were at the time on the AKA accredited course list, have been proficiency assessed and completed within the last 5 years. The addition of non- AKA and or AKA non-proficiency assessed certificates may slow down your application process.

Please allow 10 business days for your application to be reviewed.

Please send cheque, money order or credit card information to the AKA Office or to the AKAPRB for application / upgrade fee. You will be notified of the Professional fees due after your application is processed.

Yours sincerely,

**ELIZBETH GUIDA**  
CHAIR AKAPRB



# AUSTRALIAN KINESIOLOGY ASSOCIATION PRACTITIONER REGISTRATION BOARD



Dear Applicant,

Thank you for your enquiry regarding Professional Membership Status. Please find attached an AKAPRB (Australian Kinesiology Association Practitioner Registration Board) form.

Please read and complete the form carefully as incomplete forms slow down the processing of your application. Also you must attach copies of your certificates for confirmation of training. When returning your application, please attach an application fee of:

<b>Registered Kinesiology Practitioner</b>	<b>\$ 33.00</b>
<b>Registered Specialized Kinesiology Practitioner</b>	<b>\$ 55.00</b>
<b>Registered Advanced Kinesiology Practitioner</b>	<b>\$ 77.00</b>
<b>**International Application</b>	<b>\$100.00 +</b>

\*\*International applications (where your kinesiology qualifications were carried out overseas). All international applications are reviewed on a case by case basis via the workshop study model and incur an additional administration fee \*\* International fee plus your selected practitioner application level fee (example \$100.00 + RSKP \$55.00 = \$155.00).

The application fee is nonrefundable and is to cover for the administration costs involved in processing your application. Please make the payment available to AKA or pay by credit card details below. Your application will be returned to you if all of the above are not complete. The AKA office will forward a confirmation of the receipt of your application.

Method of payment for Administration Application Fee (please attach when sending completed form).

**Payment by cheque** \_\_\_\_\_ **Amount: \$** \_\_\_\_\_

**Payment by credit card: Visa Mastercard Bankcard** (please tick)

**Name on card:** \_\_\_\_\_ **Expiry date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Card number:** \_\_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_ / \_\_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_ / \_\_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_ / \_\_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_

Once your application has been processed and approved, the AKA Office will notify you of your success and will forward a letter regarding the membership fee that is due. Once paid, your certificate will be forwarded to you.

Many thanks for your cooperation and time.

Yours sincerely,

Elizabeth Guida  
Chair AKAPRB

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## KINESIOLOGY PRACTITIONER REQUIREMENTS

1<sup>ST</sup> JANUARY 2007 – 31<sup>ST</sup> DECEMBER 2015

### **COURSE CREDIT/HOUR REQUIREMENTS FOR REGISTERED KINESIOLOGY PRACTITIONER (LEVEL 1)**

Category A Courses 100 hours Minimum.  
Category B Courses 75 hours minimum in accredited Streams beyond the 100 hours taken in Category A  
75 hours of other Category A, B or C courses, and/or repeats.  
250 hours total of Kinesiology Content.

Demonstrated proficiency is required for all kinesiology hours completed of AKA fully accredited courses, except for non-assessable courses.

Note: Non-assessable kinesiology hours may include:

1. Repeats of accredited courses that have no assessments available (pre-accredited before 1<sup>st</sup> January 2000 and have not been fully accredited)
2. Courses undertaken before 1<sup>st</sup> January 2000 that were pre-accredited by the AKA and have not been fully accredited.

In addition to Kinesiology hours, training in the areas below need to be satisfied to complete Registered Kinesiology Practitioner (Level 1):

Anatomy & Physiology 50 hrs of AKACAB approved courses or Australian National Training Authority approved courses  
Current Provide First Aid/HLTAID003 First Aid Certificate is a compulsory requirement by AKA as a minimum standard.

Registered Kinesiology Practitioner (Level 1) provides a foundation in the Basic Principles of Kinesiology and can begin the specialisation in a preferred Kinesiology stream. Courses done at each level are cumulative and contribute to higher levels.

NB Streams are modalities that have at least a Cat A course followed by a Cat B course

### **COURSE CREDIT/HOUR REQUIREMENTS FOR REGISTERED SPECIALISED KINESIOLOGY PRACTITIONER (LEVEL 2)**

Category A Courses 100 hours Minimum  
Category B Courses 200 hours minimum in accredited Streams beyond the 100 hours taken in Category A  
200 hours of other Category A, B or C courses, and/or repeats.  
500 hours total of Kinesiology content

Demonstrated proficiency is required for all kinesiology hours completed of AKA fully accredited courses, except for non-assessable courses.

Note: Non-assessable kinesiology hours may include:

1. Repeats of accredited courses that have no assessments available (pre-accredited before 1<sup>st</sup> January 2000 and have not been fully accredited)
2. Courses undertaken before 1<sup>st</sup> January 2000 that were pre-accredited by the AKA and have not been fully accredited.

In addition to Kinesiology hours, training in the areas below need to be satisfied to complete RSKP (Level 2)

Anatomy & Physiology 100 hrs of AKACAB approved courses or Australian National Training Authority approved courses  
Nutrition 40 hrs of AKACAB approved courses or Australian National Training Authority approved courses  
Communication Skills 40 hrs of AKACAB approved courses or Australian National Training Authority approved courses  
Business Management 40 hrs of AKACAB approved courses or Australian National Training Authority approved courses  
670 total hours of relevant training

Current Provide First Aid/HLTAID003 First Aid Certificate is a compulsory requirement by AKA as a minimum standard.

### **COURSE CREDIT/HOUR REQUIREMENTS FOR REGISTERED ADVANCED KINESIOLOGY PRACTITIONER (LEVEL 3)**

Category A courses 100 hours  
Category B courses 300 hours minimum in accredited Streams beyond the 100 hours taken in Category A  
600 hours of other Category A, B or C courses, and/or repeats.  
1000 hours total of Kinesiology content.

Demonstrated proficiency is required for all kinesiology hours completed of AKA fully accredited courses, except for non-assessable courses

Note: Non-assessable kinesiology hours may include:

1. Repeats of accredited courses that have no assessments available (pre-accredited before 1<sup>st</sup> January 2000 and have not been fully accredited)

# AUSTRALIAN KINESIOLOGY ASSOCIATION PRACTITIONER REGISTRATION BOARD



2. Courses undertaken before 1<sup>st</sup> January 2000 that were pre-accredited by the AKA and have not been fully accredited.

In addition to Kinesiology Hours you require training in the areas below need to be satisfied to complete RAKP:

Anatomy & Physiology	150 hrs of AKACAB approved courses or Australian National Training Authority approved courses
Nutrition	100 hrs of AKACAB approved courses or Australian National Training Authority approved courses
Communication Skills	100 hrs of AKACAB approved courses or Australian National Training Authority approved courses
Business Management	40 hrs of AKACAB approved courses or Australian National Training Authority approved courses
	1390 total hours of relevant training

Current Provide First Aid/HLTAID003 First Aid Certificate is a compulsory requirement by AKA as a minimum standard.

## OPTIONAL COURSE REPEATS

A course can only be counted as a repeat once, regardless of how many times you may have completed it. Repeated courses are unable to be claimed towards proficiency assessment hours.

RKP: Maximum of 50 hours, RSKP: Maximum of 100 hours, RAKP: Maximum of 200 hours.

## NON-KINESIOLOGY COURSES

The AKACAB will approve any Anatomy & Physiology, Nutrition, Communication Skills or Business Management course that has been accredited by Australian National Training Authority or any tertiary establishment that has government approval, provided the applicant presents:

1: Name of establishment, proof of accreditation and with whom.

2: Presentation of successful competency-assessed Certificate or document signed by an executive of the establishment stating approval.

## FIRST AID

Provide First Aid/HLTAID003 can be done in each State through several recognised establishments, e.g. St Johns, Red Cross, various Registered Training Organisations RTOs.

Once completed, the qualification lasts 3 years and needs to be updated. The CPR component of this qualification needs to be updated annually.

The AKAPRB will only recognise Kinesiology courses attended if they are on the fully accredited list accompanying this document. The list will be updated as courses are processed by the AKACAB.

All Practitioner application forms are available from the AKA Office, P.O. Box 233 Kerrimuir, Melbourne, 3129

Phone 03 9898 7406 , Fax: 03 9898 7681 , e-mail [enquiries@aka.asn.au](mailto:enquiries@aka.asn.au)

Contact the AKA and it will be sent out to you, or visit our website [www.aka.asn.au](http://www.aka.asn.au) and download a form. If you would like an Application Form to be e-mailed in PDF format, please send an e-mail to [enquiries@aka.asn.au](mailto:enquiries@aka.asn.au) requesting the form.